



### 39. think better thoughts

*"Words are a reflection of mind; and mind is a reflection of God -- use these wisely." - James Arthur Ray*

Any time you are truly absorbed by what you love, chances are that you are not thinking about anything, merely using your brain as a tool to do what you love. That's what it's there for.

At times like these, when you are in the flow of creating or doing, you are yourself. It is pretty much effortless because it is a part of who you really are. You are using your innate skills and abilities. In this state, you can see possibilities, visualize your dream coming true.

Acting from your inner voice, from the essence of spirit, always uplifts your world. From this state you can change your life with your positive thoughts. Naturally, it feels so good you continue having good thoughts until hey, what is a bad thought, anyway?

