



90.curiosity

“Develop interest in life as you see it; in people, things, literature, music – the world is so rich, simply throbbing with rich treasures, beautiful souls and interesting people. Forget yourself.” – Henry Miller

When you are absorbed by something that fascinates you, you are in an altered state. You have gotten in touch with your true nature, with your true self.

Keep doing that. Curiosity is your true self leading you down a path of adventure. I’m not talking about justifying your curiosity about your neighbour’s relations with the letter carrier. That’s just nosy.

This is about the times when you are walking down the street, suddenly stopped by the sight of a book in a store window, or you feel drawn to watch a certain movie nobody’s ever heard of, or you feel an urge to explore Zen Buddhism all of a sudden. Maybe you inexplicably strike up a conversation with an elderly person who lived the life you always dreamed of. That is you prodding your own sense of curiosity.

Take the hint and check it out.